

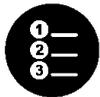
# Cherry Blossom / Cheesecake Facial Protocol

When I think of cherry blossoms, I think of spring. Spring brings new flowers with the anticipation of juicy fruit to follow. Fruit not only provides our body with nourishment, but also brightens our skin. Blending cherries with a yogurt mask, such as the Goji Berry Yogurt Mask will create a blossoming facial sure to brighten and hydrate the skin. Exfoliate and brighten the skin with the antioxidant and brightening benefits of the Cherry Enzyme. Contains 5% lactic acid, 5% mandelic acid, and 1% arbutin and 1% kojic. Perfect for normal and combination skin. It promotes deep hydration that protects from environmental damage while relieving the surface signs of aging. Arbutin and kojic provide extreme lightening capabilities. Goji Berry Yogurt Mask will nourish the skin with goji berry and yogurt resulting in a beautiful, healthy glow.

**Skin Conditions:** Normal and combination skin; sun damaged skin; hyperpigmentation. For sensitive skin, blend one part Cherry Enzyme and one part Goji Berry Yogurt Mask to dilute the enzyme.

## Professional Facial

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1. Cleanse once with Green Tea Cleanser.
2. Cleanse a second time with Glycolic Cleanser.
3. Apply Cherry Enzyme under steam for 7-10 minutes.
4. Remove with a warm barber towel or with cool aesthetic wipes.
5. *Optional:* Perform a microdermabrasion.
6. Perform extractions.
7. Apply Vitamin C/Green Tea Serum and Ageless Hydrating Serum.
8. Apply Goji Berry Yogurt Mask for 10 minutes, and remove with warm barber towel.
9. Tone with Cucumber Toner.
10. Moisturize with Acai Berry Moisturizer.
11. Protect with Sheer Protection SPF 30.

## Products Needed for this Professional Facial

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Green Tea Cleanser	Glycolic Cleanser	Cherry Enzyme
Goji Berry Yogurt Mask	Vitamin C/Green Tea Serum	Ageless Skin Hydrating Serum
Cucumber Toner	Acai Berry Moisturizer	Sheer Protection SPF 30



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## Cherry Enzyme

### Description

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Professional Use Only. Contains 5% lactic acid, 5% mandelic acid, and 1% arbutin and 1% kojic. Perfect for normal and combination skin. It promotes deep hydration that protects from environmental damage while relieving the surface signs of aging. Arbutin and kojic provide extreme lightening capabilities.

Tingle factor: 2

pH: 3.64

- Antioxidant
- Anti-aging
- Brightening
- Exfoliating

### Skin Types

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Normal and combination skin

For sensitive skin, blend enzyme with a hydrating mask such as Goji Berry Yogurt Mask to dilute the enzyme.

Anti-aging

### Active Ingredients

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- **Cherry Puree** and the seed extract contains proanthocyanidins from the deep colors of the fruit, providing an excellent source of antioxidants, and the puree itself offers an exceptionally gentle but thorough exfoliation method.
- **Lactic Acid** is an alpha hydroxy acid working as an exfoliant, allowing dead skin cells to slough off, making room for regrowth of new skin. Improves wrinkling, roughness, and softens skin.
- **Alpha-Arbutin** is a non-irritating skin lightener that will correct uneven skin tone. It is a natural alternative to hydroquinone.
- **Mandelic Acid** is a larger molecular weight alpha hydroxy acid with antibacterial properties and is working as an exfoliant, allowing dead skin cells to slough off, making room for regrowth of new skin. Improves wrinkling, roughness, and softens skin.
- **Glycerin** acts as an emollient and lubricant. It also can be a humectant and draw moisture from the air to the skin.
- **Kojic Acid** lightens skin discolorations and slows melanin production by inhibiting tyrosinase.
- **Prunus Avium (Sweet Cherry) Fruit Extract** provides soothing, anti-inflammatory benefits, and is skin conditioning.

### Tips for Use

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- Apply a thin layer to the face after cleansing. Manipulate into the skin with fingertips.
- Apply steam if desired. Remove with a warm barber towel after 7 – 10 minutes.

## Cherry Enzyme

### Important Notes

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Avoid contact with eyes, and flush immediately if contact occurs.

Always use sun block after using this product.

### Formula Composition

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Aqua (Water)  
Puree Cherry  
Hamamelis Virginiana (Witch Hazel) Water  
Lactic Acid (L)  
Alpha-Arbutin  
Mandelic Acid (L)  
Glycerin  
Kojic Acid  
Sodium Hydroxide  
Alcohol  
Hydroxyethylcellulose  
Prunus Avium (Sweet Cherry) Fruit Extract  
Prunus Cerasus (Bitter Cherry) Extract  
Polygonum Cuspidatum (Giant Knotweed) Extract  
Sclerotium Gum  
Ethylhexylglycerin  
Alcohol Denat.  
Fragrance/Parfum  
Phenoxyethanol



## Goji Berry Yogurt Mask

### Description

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Professional Use Only. The Goji Berry Yogurt Mask is a creamy mask in a yogurt base that is great for hydrating and infusing nourishment into the skin.

- Firms the skin
- Reduces fine lines and wrinkles
- Improves skin's elasticity
- Moisturizes
- Rebuilds the skin
- Calms
- Anti-aging

### Skin Types

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All skin types, especially normal to dry skin

### Active Ingredients

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- **Goji Berry** is a rich source of Vitamin C. It helps rebuild the skin's extracellular matrix by stimulating biosynthesis and fibroblast proliferation and by inhibiting matrix metalloproteinases (MMPs). MMPs are a family of enzymes involved in degradation of extracellular matrix.
- **Yogurt Extract** moisturizes, smoothes, and stimulates cellular regeneration. It also increases immune function and has a lactic acid component.
- **Squalane** is a major component of human skin surface lipids (or oils). Squalane helps keep skin soft and healthy, and its antioxidant capabilities help protect from the harsh effects of the environment. It facilitates the permeation of the active ingredients and prevents the loss of water from the skin, improving the skin's appearance and health.
- **Cucumber** has an anti-inflammatory effect; it soothes irritated skin.

### Tips for Use

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- Apply a thin layer to the face after cleansing and exfoliation. Manipulate into the skin with fingertips.
- Remove with a warm barber towel after 7 – 10 minutes.
- Apply toner, moisturizer, and sunblock after use.

### Important Notes

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Avoid contact with eyes, and flush immediately if contact occurs.

## Goji Berry Yogurt Mask

### Formula Composition

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Aqua (Water)  
 Glycerin  
 Caprylic/Capric Triglyceride  
 Stearic Acid  
 Cetyl Alcohol  
 Lycium Barbarum (Goji Berry) Fruit Extract  
 Glyceryl Stearate  
 Titanium Dioxide  
 Acidophilus  
 Yogurt Extract  
 Squalane  
 Nonfat Dry Milk  
 Lonicera Caprifolium (Honeysuckle) Flower Extract  
 Vitex Agnus Castus (Casticin) Extract  
 Colostrum  
 Lonicera Japonica (Honeysuckle) Flower Extract  
 Cucumis Sativus (Cucumber) Oil  
 Cucumis Sativus (Cucumber) Fruit Extract  
 Tocotrienols  
 Elaeis Guineensis (Palm) Oil  
 Hydrolyzed Adansonia Digitata Extract  
 Mentha Viridis (Spearmint) Leaf Oil  
 Mentha Piperita (Peppermint) Oil  
 Passiflora Incarnata (Passionflower) Flower Extract  
 Ascorbyl Tetraisopalmitate  
 Cyclodextrin  
 Tocopherol (D-alpha)  
 Sodium Hydroxide  
 Lecithin  
 Xanthan Gum  
 Alcohol  
 Carbomer  
 Potassium Sorbate  
 Phytic Acid